

## PHD PROGRAMME TABLE 37TH CYCLE

Section “Available Positions and Scholarship” integrated on 29/04/2021

PROGRAMME’S NAME	<b>SCIENCE AND CULTURE OF WELL-BEING AND LIFESTYLES</b>
DURATION	3 years
PROGRAMME START DATE	01/11/2021
LANGUAGE	Italian, English
MANDATORY STAY ABROAD	3 months
COORDINATOR	Prof.ssa Carmela Fimognari ( <a href="mailto:carmela.fimognari@unibo.it">carmela.fimognari@unibo.it</a> )
CURRICULA	N/A
RESEARCH TOPICS	<a href="#">Detailed list at the bottom of the present document</a>
PHD POSITIONS	6
ADMISSION PROCEDURE	Qualifications and research proposal evaluation Oral examination

### Available Positions and Scholarships

Pos. n.	Financial Support	Description
1	PhD Scholarship	Totally funded by the University of Bologna general budget
2	PhD Scholarship	Totally funded by the University of Bologna general budget
3	PhD Scholarship	Totally funded by the University of Bologna general budget
4	PhD Scholarship	Co-funded by the University of Bologna general budget and the Department for Life Quality Studies
5	PhD Scholarship	Funded by the the Department for Life Quality Studies with funds made available by the project H2020 – rurALLURE “Promotion of Rural Museums and Heritage Sites in the Vicinity of European Pilgrimage Routes”- GA n.101004887 - CUP J95H20000200006 and by the project ERASMUS + “Fab Routes – The Fab Route: Digital Skills to Promote EU Cultural Routes – GA N. 2020-1-IT01-KA202-0083383 – CUP G66G20000310006 – Scientific referee: Prof. Alessia Mariotti
6	PhD Scholarship	Funded by Green Energy Camp S.r.l.

### Admission Exams

	DATE AND TIME	RESULTS
<b>Qualifications and research proposal evaluation</b>	Applicants’ participation is not required	Available from <b>31/05/2021**</b>
<b>Oral examination</b>	<b>Date:</b> starting from <b>09/06/2021 – 10 a.m. CEST*</b> <b>Place:</b> Remotely, using Microsoft Teams	Available from <b>30/06/2021**</b>

\* In case that the oral examination cannot be completed in one day due to the large number of applicants, the oral examination detailed schedule shall be made available on the webpage [Studenti Online](#) together with the results of the qualifications evaluation.

\*\* The **results of the admission exams** will be available on the webpage [Studenti Online](#) (select “summary of the requests in progress” > “see detail” and open the .pdf file at the bottom of the page. **No personal written communication will be sent to applicants concerning the examinations results.**

### Required and Supporting Documents to be attached to the application

*(only documents in Italian, English, French, German and Spanish shall be considered as valid and be assessed by the Admission Board)*

Only qualifications obtained during the last 5 calendar years shall be taken into consideration, except for the University Degree. The Admission Board will assess the relevance of the supporting documents to the PhD Programme.

REQUIRED DOCUMENTS	
<b>Identity document</b>	Valid identity document with photo (i.e. identity card, passport)
<b>Curriculum Vitae</b>	No specific CV format is required
<b>Degrees</b>	Documents attesting the awarding of the first and second cycle degrees, the exams taken and the marks obtained (see Art. 3 of the Call for Applications)
SUPPORTING DOCUMENTS	
<b>Research proposal</b>	Multi-annual research proposal, with special emphasis on the activities to be completed during the first-year course. The proposal must meet the following requirements: <ul style="list-style-type: none"> <li>- it must mention <b>on the first page the research topic of the PhD Programme</b> associated to the research proposal (<b>projects without this indication will not be evaluated</b>);</li> <li>- it <b>cannot exceed 20.000 characters</b>, including spaces and formulas, if present. This figure does not include: the title, the outline, references and images (such as graphs, diagrams, tables etc. - where present);</li> <li>- it must include: state of the art; project's description; references.</li> </ul>
<b>Thesis abstract</b>	Abstract of the <b>second cycle degree thesis</b> . Graduands may submit the draft of their thesis (abstracts cannot exceed 5.000 characters, including spaces and formulas, if present. The above figure does not include: title, outline, images such as graphs, diagrams, tables etc. if present)
<b>Personal Statement</b>	The statement shall include the <b>reasons prompting the applicant to attend the PhD Programme</b> and those relevant experiences and research interests, that make the applicant suitable for the specific PhD Programme (3000 characters maximum, including spaces).
<b>Reference Letter/s</b>	<b>No more than 2 reference letters</b> signed by <b>Italian and/or International academics and professionals</b> in the research field, which do not form part of the Admission Board, attesting the suitability of the applicant and his/her interest for the scientific research. Letters shall be uploaded following the procedure on <a href="#">Studenti Online</a> , detailed in the Call for Applications (Art. 3.2).
<b>Publications</b>	List of publications (i.e. monographs, articles on scientific journals, volume chapters), minor publications (conference papers, etc.) and abstracts and posters presented during academic conferences
<b>Other documents</b>	<ul style="list-style-type: none"> <li>- Teaching activity carried out at university level</li> <li>- Research activity - whether basic, applied, translational, etc. - carried out in any capacity, including when covered by research grants, and as a staff member of research units</li> <li>- Periods of study abroad, outside the country of origin (e.g. Erasmus programme or other similar mobility programmes)</li> <li>- Other qualifications attesting the suitability of the applicants (scholarships, prizes, etc)</li> </ul>

## Evaluation criteria \*

Scores will be expressed in points out of 100, as follows.

### 1. Qualifications and research proposal evaluation

Minimum score for admission to the oral examination: 30 points, Maximum score: 50 points

<b>Qualifications evaluation</b>	University degree final mark. Graduands shall be evaluated according to the Weighted Average Mark (WAM)	10 points max
	Second cycle thesis abstract, in relation to the topics covered by the PhD Programme, with special focus on: <ol style="list-style-type: none"> <li>1) relevance of the thesis in relation to the state of the art,</li> <li>2) methodology applied,</li> <li>3) structure of the thesis,</li> <li>4) ground-breaking nature of the thesis,</li> <li>5) research goals</li> </ol>	10 points max
	Personal statement	3 points max

	Publications and other documents attesting the applicant's training and skills	5 points max
<b>Research proposal evaluation</b>	scientific value and innovative nature of the proposal	9 points max
	description and structure of the proposal	4 points max
	proposal feasibility	9 points max

## 2. Oral examination

Minimum score for eligibility: 30 points, Maximum score 50 points

English proficiency	10 points max
Research project presentation	20 points max
General knowledge of issues encompassed by the PhD Programme	20 points max

Oral examination aims to assess the suitability of the applicant for scientific research as well as the general knowledge of issues encompassed by the PhD Programme ([see the list of research topics at the bottom of the present document](#)). During the oral examination, English language proficiency shall be assessed. The oral examination is carried out in Italian or in English.

\*Possible further evaluation criteria will be available on the [University website](#), selecting the relevant PhD Programme > "More information", at the bottom of the page in the section "Notices".

## Final Ranking List and Enrollment

After the publication of the results of the oral examination, the **final ranking list** will be available on the [University website](#), selecting the relevant PhD Programme > "More information", section "Notices" at the bottom of the page.

Following the publication of the final ranking list, successful applicants shall **enroll** on [Studenti Online](#) by the deadline indicated on the [University website](#), selecting the relevant PhD Programme > "More information".

If a successful applicant withdraws from a position, the following applicant in the ranking list, who is also eligible for the specific position, will be contacted. During the replacement procedure, the new terms of enrollment shall be communicated via e-mail to the chosen applicant.

## Research Topics

The PhD Program's distinctive topic is the relationship between well-being and lifestyles in its unitary complexity. Such relationship defines a research field with both a strongly cohesive content and an intrinsic openness to multi-disciplinary approaches (as it is increasingly required by our contemporaneity, where life quality's various aspects are tightly and osmotically interrelated). Hence, the research projects will have to develop the general theme according to one of the following areas:

### 1) Pharmacy, Nutritional Sciences, Sport Sciences and Physical Exercise area (focus on well-being promotion and health protection)

- Integrated strategies to preserve the well-being of various population groups
- Research and development of drug for health protection and of cosmetic products
- Biomarker analysis for monitoring the well-being status
- Risk assessment of hazardous exposures and unhealthy lifestyles
- Metabolism and nutrition
- Physical activity, physical exercise and sports

### 2) Educational Sciences and Humanities area (focus on the analysis and the promotion of lifestyles in globalized society)

- Processes of culture's teaching and learning in relation to childhood, human movement and embodiment
- Education to both individual and social well-being factors in current reality (social justice, diversity, global citizenship, fragility management)
- Processes of constitution and diffusion of lifestyles in contemporaneity, following the determination of symbolic values (according to the exemplary logic of fashion analysed by Fashion studies) and the development of aestheticization factors (social aesthetics).

The various research topics will be developed by stressing those "soft-skills" components that allow to locate rigorous disciplinary investigations exactly into the horizon where, today, extremely useful answers for the promotion of well-being can emerge.